Abstract:
This book describes recent advances in alcohol research that have direct relevance to the development of alcohol policy on the local, national and international levels. The book is divided into five sections and contains 16 chapters. Section I contains the introduction. Section II focuses on alcohol consumption trends and patterns of drinking. Section III discusses strategies and interventions to reduce alcohol-related harm. Section IV deals with the formation of effective alcohol policy. Section V concludes. Although the intended audience includes researchers, addiction service providers, clinicians, and prevention planners, this book above all is written to inform and empower policy-makers who have direct responsibility for public health and social welfare.